

Recreation and Wellness UC Committee Annual Report September 1, 2021 – August 31, 2022

Goals:

Goal/Metric	Accomplished	In Progress	Not Accomplished
<p>RooFit Programming</p> <p>Completed a successful RooFit program with participants from main & Wayne campus. Total of 159 participants, comprising 38 teams totaled 54,621.5 points throughout the program!</p>	X		
<p>Mental Health First Aid Promotion</p> <p>Successfully assisted in scheduling Mental Health First Aid courses that were available for students, faculty & staff participation the first Friday of every month throughout spring semester (January thru May).</p>	X		
<p>Development of a Wellness Resource page in Brightspace with resources for faculty</p> <p>With the movement to the Teams platform on campus, this was the main informational portal used for wellness programming. Additional information was also conveyed thru the campus wellness webpage. Further assessment will be needed to determine what the best pathway for communication of programs & services is both to faculty/staff & student populations</p>		X	
<p>Review topic submissions referred by UCEC and other requests related to university recreation and wellness matters</p>		X	

What were your top two successes?

1. Post Covid Re-Launch of RooFit
2. Re- writing of committee Mission Statement to more appropriately address wellness issues within campus community.

What were your top two challenges?

1. Committee Engagement
2. Continuing to operate in a Covid environment, where personal interaction can be problematic & online interaction/training may not convey the personal message necessary.

Please list the dates of your meetings:

2021: Aug-20th, Sept-17th, Oct-15th, Nov-19th, Dec-17th

2022: Jan-21st, March-18th, April-15th, May-13th, June-17th

Please submit the report to Heather Loughney (hl@uakron.edu) by August 6, 2022.